



Australian and New Zealand Society of Jungian Analysts

Invitation to Mental Health Professionals

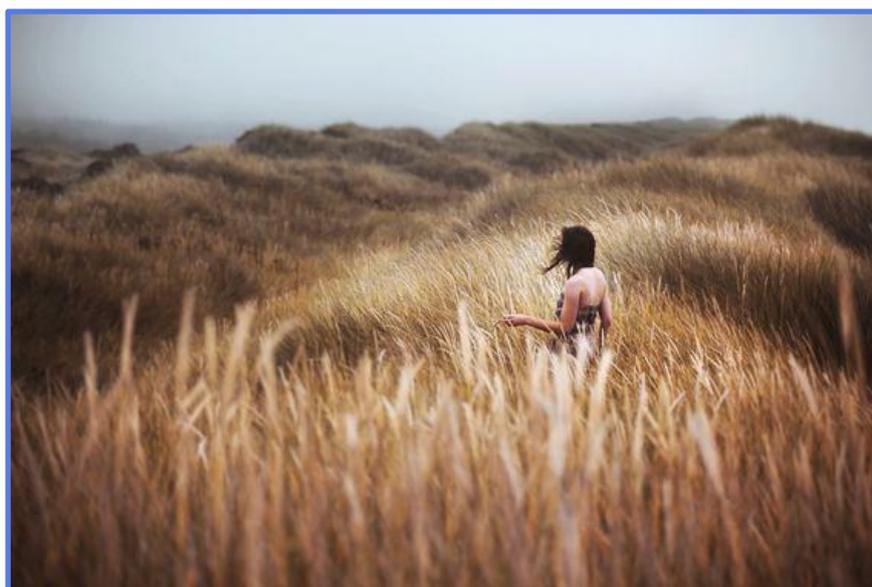
Working with Dreams

Saturday 4th June 2022

Zoom

9.00am – 12.30pm AEST

Numbers limited



Photograph by **Elizabeth Gadd**

The dream is a little hidden door in the innermost and most secret recesses of the soul, opening into that cosmic night which was psyche long before there was any ego-consciousness, and which will remain psyche no matter how far our ego-consciousness extends.

~C. G. Jung, CW 10: para 304

Jungian analyst Carole Viney and transpersonal psychotherapist Michelle Morris invite you to this half day exploration of the Embodied Imagination® method of working with dreams pioneered by Jungian analyst Robert Bosnak. This is a therapeutic and creative way of working with dreams, memories, symptoms and creative projects.

Embodied Imagination® has its roots firmly grounded in the foundational thinking of Carl Jung, especially alchemy and in his early phenomenological work. It also draws on the thinking of James Hillman who focused on the multiplicity of autonomous states and on the writing of Henry Corbin and his notion of the "Imaginal". Currently Embodied Imagination® is practiced with individuals, couples, psychotherapeutic groups, in medicine, theatre, art, creative research, and in a form of 'Brief and In-Depth' therapeutic work. The first principle of EI is that the image is viewed as an environment we inhabit. We re-enter and deeply experience the images, containing them in an expanded body awareness which allows for something new and surprising to unfold.

This seminar will introduce the theoretical underpinnings of Embodied Imagination®, describing the method and inviting group members to engage in the embodied exploration of one of their own images. There will also be demonstrations of this method with the dreams of participants and opportunities for the group to reflect on their own creative responses.

PRESENTERS:

Carole Viney is a Jungian analyst (ANZSJA) and an Embodied Imagination practitioner. She has been working in private practice in Melbourne for over thirty years. Carole has a particular interest in the world of the imagination and dreams, and this has led her to complete the Embodied Imagination training in 2019. She now co-facilitates a dream group as part of the ANZSJA Professional Development Programme. Carole also has an extensive background in teaching many different forms of body awareness and movement and brings her interest in the relationship between body/mind (psyche/soma) into this creative method of working with dreams.

Michelle Morris holds a MA in Transpersonal Psychology and diploma of Family Therapy. She has worked clinically with adults and children for 30 years and has a private practice in Melbourne. Her deep interest in imagery and healing led to her training as an Embodiment Therapist. Using EI, she has run dream groups and collaborated with individuals. Michelle co-authored the chapter on Embodied Imagination® in *Psychotherapy and Counselling: Reflections on Practice*. She is currently part of the training team with the Australian branch of the International Society for Embodied Imagination®.

