



**Australian and New Zealand Society of Jungian Analysts**

***Invitation to Mental Health Professionals***

## **Working with Opposites Using Non-verbal Methods**

Incorporating visual images, inner personifications, bodily sensing, synchronistic experiences, and dreamwork.

**Saturday 24th September 2022**

**Zoom**

**9.00am – 1.00pm AEST**

**Numbers limited**

*"This mediating, bridge building quality of the symbol may be regarded as one of the most ingenious and significant devices of the psychic economy. For it constitutes the only natural and health-giving counterweight to the inherent dissociability of the psyche, which is a danger to its structural unity...For in transcending the opposites by uniting them in itself (only to let them separate again afterwards so that no rigidity, no standstill may ensue), the symbol maintains psychic life in constant flux and carries it onward toward its destined goal." (Jacobi, 1974, p98).*

*"The world of words and the world of experience are two separate domains of experience only bridgeable by acts of imagination" (Ravenette, 2000)*



Image: **Swan 12** by Hilma Af Klint

This seminar offers a Jungian and post-Jungian theoretical and clinical lens to working at the threshold - between unconscious and conscious knowing and experience.

Three clinical examples will be presented where the non-verbal methods were key to eliciting, holding, and transforming seemingly irreconcilable personal and archetypal opposites. The methods enabled a new symbolic awareness of activated complexes (with their unformulated, unconscious contents), loosened their tyrannical grip, and, within the analytic relationship and process, generated the first glimpses and felt sense of a coherent wholeness.

