



## Australian and New Zealand Society of Jungian Analysts

*Invitation to Mental Health Professionals*

### *Introduction to Jungian Sandplay Therapy*

24 July 2020

Melbourne

9.00am - 1.00pm



*“A series of sandplay images portrayed in the sandtray create an ongoing dialogue between conscious and unconscious aspects of the client’s psyche, which activates a healing process, and the development of the personality” (International Society of Sandplay Therapy).*

Sandplay therapy activates preverbal and somatic registers. Using experiential sand activities and clinical material, Jungian analysts **Sarah Gibson** (Sydney) and **Joy Norton** (Melbourne) introduce participants to Jungian Sandplay Therapy. They explore the role of the sand in sandplay and the place of sandplay within longer term psychoanalytic psychotherapy.

Sarah and Joy will discuss ways in which sandplay differs from 'sand tray' work and how the sandplay therapist develops a symbolic attitude and the role of therapist when the client works in the sand, the processes of silence, reverie and delayed interpretation. There will be an opportunity for participants to experience working with the sand.

This seminar will be of interest to clinicians unfamiliar with Jungian sandplay. For those already working clinically with sandplay the seminar aims to expand their awareness of the role of the body in sandplay therapy and deepen their knowledge of sandplay in Jungian depth psychotherapy.

