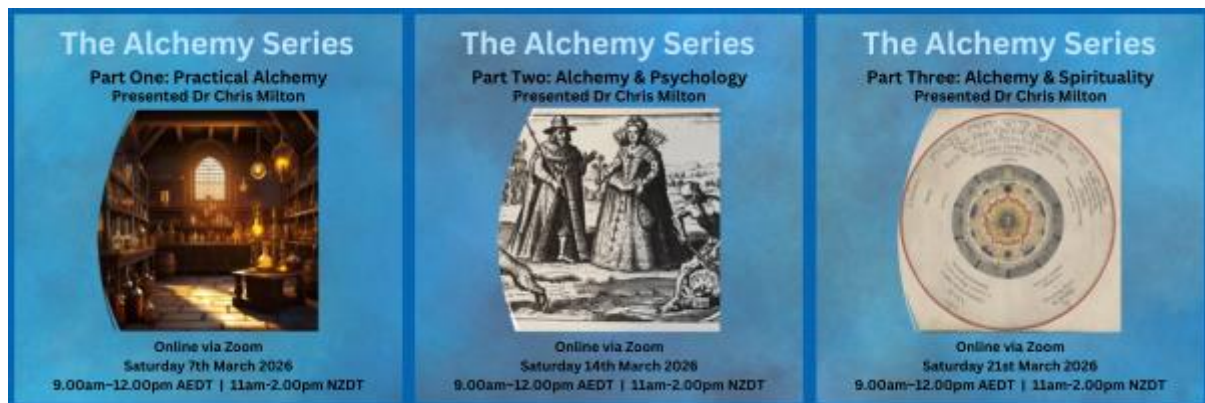




Australian and New Zealand Society of Jungian Analysts
Invitation to Mental Health Professionals

The Alchemy Series: A Three-Part Seminar Series

Presented by Dr Chris Milton



Saturday 21st March 2026

9.00am-12.00 pm AEST | 11.00am-2.00pm NZDT

Online via Zoom

Part 3: Alchemy and Spirituality

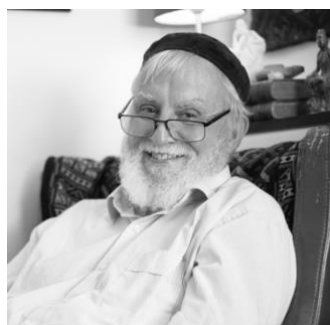
This seminar explores the interface between alchemy and spirituality, focusing not on metaphor or symbolic analogy, but on how alchemical concepts evolved as a means of articulating psycho-spiritual transformation. Using the work of Gerhard Dorn, Rabbi Isaac Luria, and C.G. Jung, the seminar examines how the notions of *redeeming matter*, repairing brokenness, and bringing consciousness to the divine offer a framework for understanding individuation as both a psychological and spiritual process. Core themes include *Unio Mentalis*, *Unus Mundus*, *Tzimtzum*, *Shevirat ha-kelim*, and *Tikkun olam* — each addressed not as abstract ideas, but as ways of thinking about consciousness, fracture, integration, and wholeness. The seminar also clarifies the distinction between spiritual development and spiritual bypassing, proposing that psycho-spiritual alchemy requires both differentiation and experience rather than premature elevation or bypass. It concludes with an exploration of nondual awareness, the Witness, and the experiential dimension of Da'at and the Unus Mundus.

Learning Outcomes

By the end of this seminar, participants should be able to:

1. Describe how Gerhard Dorn, Isaac Luria, and C.G. Jung each envision psycho-spiritual transformation, and identify the parallels between alchemical coniunctio, *Tikkun olam*, and the psychological redemption of split-off or shattered experience.
2. Differentiate between *Unio Mentalis*, *Unio mentalis + corpus*, and *Unus Mundus*, recognising these not merely as alchemical or mystical ideas, but as possible psychological and spiritual states that relate to symbolic work, embodiment, and unity.
3. Explain the concepts of *Tzimtzum*, *Shevirat ha-kelim*, and *Tikkun olam* in Lurianic Kabbalah, and discuss their psychological relevance for understanding fragmentation, rupture, and symbolic repair in the individuation process.
4. Distinguish between genuine spiritual development and *spiritual bypassing*, including common forms of bypass (Imitatio Christi, inflation, avoidance of psychological work), and articulate why embodied psychological differentiation is necessary for spiritual integration.
5. Discuss how experiences associated with the *Witness*, *Da'at*, or *Unus Mundus* represent forms of nondual awareness and how these may emerge through analytic depth, rather than through conceptualisation or imitation.

PRESENTER:



Dr Chris Milton is both a Clinical Psychologist and a Jungian Analyst in private practice in Auckland. He was raised and trained in South Africa but has lived in New Zealand for the last twenty four years. He currently devotes most of his time to adult analysis and the supervision of clinicians. He also has extensive experience of working with children, adolescents and their families. Chris is a Training Analyst with ANZSJA. He has served as both President and a Director of Training for ANZSJA. Chris has a developed sense of the importance of phenomenology and has for a long time served on the Editorial Board of the online Indo-

Pacific Journal of Phenomenology. Chris has published in the areas of infant mental health, psychoanalytic processes, the cultural complex, what is analysis and well-being. He maintains an interest in spirituality and transpersonal psychology especially the phenomenology of individuation and its spiritual dimension.

Date:	Saturday 21 st March 2026
Time:	9.00am to 12.00pm AEST
Venue:	Online
Cost:	
Full fee:	\$120 AUD (incl. GST)
Early Bird:	\$100 AUD (incl. GST) until 28 th February 2026
ANZSJA Trainee / Student:	\$100 AUD (incl. GST)
ANZSJA member:	\$80 AUD (incl. GST)
Cancellation:	No refund for cancellation after 14 th March 2026
PD Certificate:	3 hours (Certificate issued after event)