



**Australian and New Zealand Society of Jungian Analysts**  
*Invitation to Mental Health Professionals*

## **Coming into Being: Teleological Themes in Jung and Bion**

**Online via Zoom**

**Saturday 12<sup>th</sup> April 2025, 9.00 am – 12.00 pm AEST**

This seminar focuses on teleological themes in the work of C.G. Jung and Wilfred Bion. As part of the exploration, we will focus on the similarities and differences between Jung's concept of individuation and Bion's concept of 'becoming.'

Additionally, two approaches to the concept of individuation are outlined; one which holds individuation on par with a spiritual pursuit (individuation as romantic ideal) and one which holds the individuation as a concept that potentially informs each analytic moment (individuation as clinical concept).



This seminar also examines how Bion's model elucidates the emergence of fundamental levels of psychological experience – via his concepts of beta elements, alpha function, and alpha elements, and reverie. Additionally, Michael Fordham's deintegrate-integrate model of individuation and James Grotstein's concept of the transcendent position will be examined as conceptual bridges linking the teleological themes found in Jung and Bion.

This section includes an examination of constituent elements of transformation which contribute to individuation as well as exploration of the patient's defenses as a psychological force which functions to prevent or inhibit individuation. The implications of Bion's model for the practice of Jungian analysis are also discussed, and I propose that Bion's model provides a complementary conceptual lens that articulates a level of transformation which is only implicit in Jung's model of individuation.

A series of dreams from one patient will provide an illustration of the process of transformation and individuation as it unfolds in her dream imagery.

#### **LEARNING OBJECTIVES:**

- Develop understanding of the concept of teleology as it applies to analytic therapy.
- Recognise the relationship between teleology, the concepts of individuation, and "becoming".
- Recognise how the process of individuation/becoming occurs and the variety of smaller transformations in the course of analytic therapy.

#### **RECOMMENDED READINGS:**

- Fordham, M. (1993) Notes for the Formation of a Model of Infant Development. *Journal of Analytical Psychology* 38:5-12
- Schmidt, M. (2005) Individuation: Finding Oneself in Analysis: Taking Risks and Making Sacrifices. *Journal of Analytical Psychology* 50:595-616

#### **Suggested readings:**

- Winborn, M. (2024). Individuation: Clinical Process or Romantic Ideal? In G. Tricarico (Ed.) *Contemporary Voices on Individuation: C.G. Jung's Legacy for the Contemporary World*, (pp. 59-78). Routledge.
- Winborn, M. (2024). Coming into Being: Telos in Jung and Bion, In Garth Amundson (Ed), *A Jungian Study of the Teleology of Psychic Reality: Psychological and Philosophical Perspectives on the Concept of Future-Orientedness*, (pp. 24-57). Routledge.

## PRESENTER



**Mark Winborn**, Ph.D., is a Jungian Psychoanalyst and Clinical Psychologist. He is a Training Analyst with the Inter-Regional Society of Jungian Analysts, the C.G. Jung Institute – Küsnacht, and the Romanian Society for Analytical Psychology. He is also on the adjunct faculty of the Russian Society for Analytical Psychology and the Moscow Association for Analytical Psychology. His primary areas of interest are analytic technique and the integration of psychoanalytic theories.

He has published or edited five books: *Deep Blues: Human Soundscapes for the Archetypal Journey*, *Shared Realities: Participation Mystique and Beyond*, *Interpretation in Jungian Analysis: Art and Technique*, *Beyond Persona: On Individuation and Beginnings with Jungian Analysts* (with Lavinia Țănculescu-Popa), and *Jungian Psychoanalysis: A Contemporary Introduction* (part of the Routledge series - *Introductions to Contemporary Psychoanalysis*), as well as numerous articles and book chapters.

His work has also been published in Russian, German, French, Portuguese, and Romanian. He received the Gradiva prize from the National Association for the Advancement of Psychoanalysis for the best article published in 2022 and was a finalist in 2014 for the best edited book in psychoanalysis. He lectures widely both in the USA and internationally and has presented papers at the Congresses of the International Association for Analytical Psychology (2010, 2013, 2016, 2019, 2022).

<b>Date:</b>	Saturday 12 <sup>th</sup> April 2025
<b>Time:</b>	9.00 am to 12.00 pm AEST
<b>Venue:</b>	Online
<b>Cost:</b>	
<b>Full fee:</b>	\$180 AUD (incl. GST)
<b>Early Bird / ANZSJA member:</b>	\$160 AUD (incl. GST) until 22 <sup>nd</sup> March 2025
<b>Student:</b>	\$150 AUD (incl. GST)
<b>Cancellation:</b>	No refund for cancellation after 5 <sup>th</sup> April 2025
<b>PD Certificate:</b>	3 hours (Certificate issued after event)

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