

ANZSJA



Australian and New Zealand Society of Jungian Analysts

Jewel in the Lotus

*Transformative Processes in Tibetan Buddhism
from a Psychoanalytic Perspective*

With Michael Monhart

Saturday 20 April 2024

9.00am -11.00am AEST

Online



Jung wrote in *Memories, Dreams, Reflections* that transformation “has left its deposit principally in the various religious systems and their changing symbols” (Jung, MDR, p. 209) and that a study of these transformation processes leads to an understanding of the path of individuation. This presentation will examine such ‘deposits’ in the meditative and ritual practices of Tibetan Buddhism.

While some consideration will be given to Jung’s writings on Tibetan Buddhism, the main focus will be on traditional Tibetan presentations of stages of development and visual imaginative processes. We will consider the efficacy of different types of meditation in working with complexes. Together, we will pose the question of what role numinous experiences associated with meditation practices have in the clinical space. The presentation will include a significant experiential component of brief periods of several styles of meditation.

PRESENTER:



Michael Monhart (M.A., S.T.M., LP) is a psychoanalyst in private practice in the Hudson Valley in New York State and is a faculty member at the Jungian Psychoanalytic Association and the Blanton-Peale Institute. For decades, he has immersed himself in contemplative practices of Cistercian monasticism, Japanese Shingon Buddhism, and most extensively, Tibetan Buddhism. He is the author of “Into the Frog Swamp: Jungian Conceptions of the Unconscious in Practice” in *The Unconscious Refractions: Contemporary Psychoanalysis Struggles with Its Source Object* published in 2020 by Routledge. He has presented “The Path of Individuation in Shingon Buddhism” at the *2016 Congress of the International Association for Analytical Psychology* and “Many Selves, Many Others” at the *2019 Congress of the IAAP*. He is a Tibetan translator and is the co-editor and translator of *Enticements* (SUNY 2018), the short stories of the Tibetan author Pema Tsenden.

Date:	20 April 2024
Times:	9am – 11am AEST
Venue:	Zoom
Full Fee:	\$180 AUD (incl. GST)
Early Bird / ANZSJA MEMBER:	\$160 AUD (incl. GST) until date 30 March.2024
Student:	\$150 AUD (incl. GST)
Cancellation:	No refund for cancellation after date 13 April.2024
PD certificate:	2 hours (certificate issued at event)
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For further seminar information and bookings, and for details about the group program: <https://anzsja.org/wp/future/>
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Enrolment in Training is at ANZSJA’s discretion.

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