

ANZSJA



Australian and New Zealand Society of Jungian Analysts

Invitation to Mental Health Professionals

Sand and Psyche

Introduction to Jungian Sandplay Therapy for Adults

16 November 2024

Embodied workshop, Melbourne

9.30am - 12.30pm

1.30pm - 4.30pm



A series of sandplay images portrayed in the sandtray create an ongoing dialogue between conscious and unconscious aspects of the client's psyche, which activates a healing process, and the development of the personality (International Society of Sandplay Therapy).

Sandplay is a therapeutic method developed by Dora M. Kalff, based on the psychological principles of C.G. Jung. It is a powerful nonverbal, symbolic, and sensory form of therapy that gives adult clients the opportunity to portray experiences and internal states, often difficult to express in words and/or inaccessible.

Sandplay therapy activates preverbal and somatic registers. Using experiential sand activities and clinical material, Jungian analysts **Sarah Gibson** (Sydney) and **Joy Norton** (Melbourne) will introduce participants to the use of sandplay in an adult psychotherapy setting.

They will give some attention to the ways in which sandplay differs from 'sand tray' work. Using clinical examples, they discuss how the sandplay therapist develops a symbolic attitude and the role of therapist when the client works in the sand, the processes of silence, reverie and delayed interpretation. There will be an opportunity for participants to experience working with the sand.

This seminar will be of interest to clinicians unfamiliar with Jungian sandplay. For those already working clinically with sandplay the seminar aims to expand their awareness of the role of the body in sandplay therapy and deepen their knowledge of sandplay in Jungian depth psychotherapy.

PRESENTERS

Sarah Gibson works as a Jungian Analyst (ANZSJA) and Sandplay Therapist (ISST) in private practice in Sydney. She has been working as a psychotherapist and sandplay therapist with adults for over 35 years, completing her Jungian analytic training with ANZSJA in 2003. As a Training Analyst Sarah teaches and supervises analytic trainees. She became a Certified Member of ISST in 2013 and a Teaching Member in 2017. Sarah has a particular interest in sandplay, story and creativity. Sarah is also an artist and filmmaker. <https://sarahcgibson.wordpress.com>

Joy Norton is a Jungian Analyst, Training Analyst and Counselling Psychologist in private practice in Melbourne. She is the current ANZSJA President and a past Co Director of Training with The Australian and New Zealand Society of Jungian Analysts. Joy has an interest in the experience of the body in the analytic encounter, co-creative processes in analytic practice, and the ways image, story, and psyche commune in sandplay to facilitate the unfolding and development of imagination and psychological healing.

Date:	Saturday 16 November 2024
Time:	9.30am - 4.30pm AEDT
Venue:	TBA
Full Fee:	\$ AUD 280 (incl. GST)
Early bird/ANZSJA member	\$ AUD 260 (incl. GST) until 26 October 2024
Student	\$ AUD 250 (incl. GST)
Cancellation	No refund for cancellation after 9 November 2024
PD certificate:	4 hours PD credit, applicable for ISST seminar hours.

BOOK SEMINAR NOW: <https://www.trybooking.com/CNVRP>

NUMBERS ARE LIMITED to 30 participants.

For further seminar information and bookings, and for details about the group program:

<https://anzsja.org.au/events/>

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Enrolment in Training is at ANZSJA's discretion.

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