

ANZSJA



Australian and New Zealand Society of Jungian Analysts

Invitation to Mental Health Professionals

The Symbol of Water in Sandplay

Saturday 25 May 2023
Zoom
9.30am - 3.30pm AEST



Water is the commonest symbol for the unconscious.

C. G. Jung (1981). "The Archetypes and the Collective Unconscious", p.18

"Mermaid" is mercurial, magical, shimmering, gorgeous- and impersonal. She can be encountered, related to, and even transformed. But as an element of the unconscious, she herself wields an extraordinary fascination. The danger lies in losing one's self in one's longing."

The Book of Symbols (2010) ARAS p 694

Jungian Analysts **Sarah Gibson** and **Joy Norton** examine the ways that water may appear in the sandtrays of adults. Sandplayers may be working with wet rather than dry sand, sprinkling or pouring water, or choosing to reveal the blue base of the sandtray. There are so many forms that water may take from tsunami to river; well to waterfall; ocean to lake; bath to bottle or from fountain to flood. While water may be thought of as a symbol for the unconscious, we explore the complex psychological meanings that different forms of water evoke. They follow both the creative, healing energies and destructive forces of water.

All cultures have stories of water as the wellspring of life and water has been the inspiration for and reoccurring motif of many fairy stories and myths. These stories are often evoked in sandtrays. Often making her appearance is the figure of the mermaid, bringing to mind the fairy tale 'The Little Mermaid'. They go beyond Disney to discover the psychological meanings of this story and the symbolism of the mermaid, which in turn returns us to the symbolism of water.

PRESENTERS

Sarah Gibson works as a Jungian Analyst (ANZSJA) and Sandplay Therapist (ISST) in private practice in Sydney. She has been working as a psychotherapist and sandplay therapist with adults for over 35 years, completing her Jungian analytic training with ANZSJA in 2003. As a Training Analyst Sarah teaches and supervises analytic trainees. She became a Certified Member of ISST in 2013 and a Teaching Member in 2017. Sarah has a particular interest in sandplay, story and creativity.

Sarah is also an artist and filmmaker <https://sarahcgibson.wordpress.com>

Joy Norton (Melbourne) is a Jungian Analyst, Training Analyst and Counselling Psychologist in private practice in Melbourne. She is the current ANZSJA President and a past Co Director of Training with the C.G. Jung Institute of ANZSJA. Joy has an interest in the experience of the body in the analytic encounter, co-creative processes in analytic practice, and the ways image, story and psyche commune in sandplay to facilitate the unfolding and development of imagination and psychological healing.

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| Date: | Saturday 25 May 2024 |
| Times: | 9.30am to 3.30pm AEST |
| Venue: | Zoom |
| Full Fee: | \$ AUD 230 (incl. GST) |
| Early Bird / ANZSJA member | \$ AUD 210 (incl. GST) until 4 May 2024 |
| Student: | \$ AUD 200.00 (incl. GST) |
| Cancellation: | No refund for cancellation after 18 May 2024 |
| PD certificate: | 5 hours (certificate issued after the event) Please note that not all PD hours from this seminar will count towards ISST accreditation |

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NUMBERS ARE LIMITED to 30 Participants

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