



Australian and New Zealand Society of Jungian Analysts

Invitation to Mental Health Professionals

How Deep is the Song: Music in Psychoanalysis

Saturday 11th November 2023

Zoom

9.00am – 11.00am AEDT

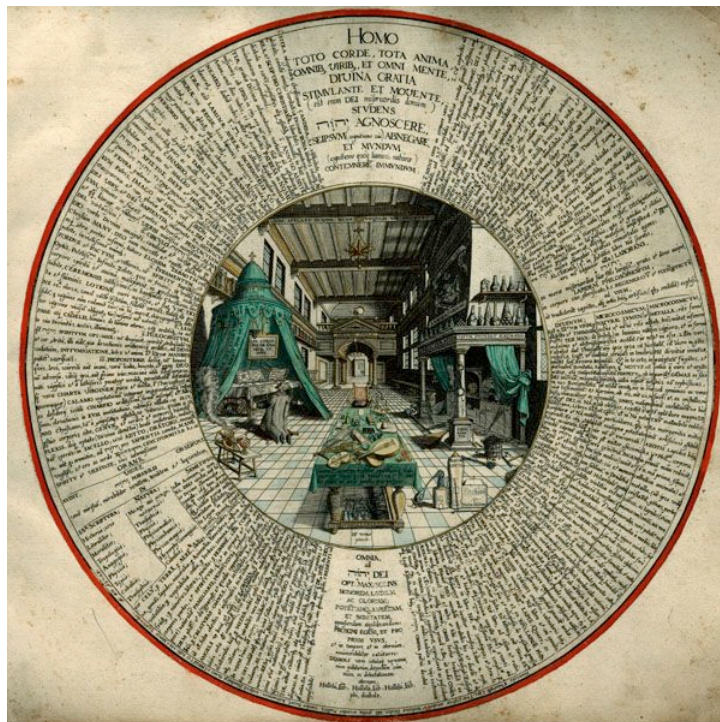


Image: The Alchemists Laboratory from Heinrich Khunrath, *Amphiteatrum sapientiae aeterna*

In 1956 the music therapist Margaret Tilly visited Carl Jung and gave him a demonstration of her work. After hearing the music and discussing her method, Jung exclaimed, "I feel that from now on music should be an essential part of every analysis. This reaches the deep archetypal material that we can only sometimes reach in our analytical work with patients" (as recounted in McGuire, W., & Hull, R. F. C. (Eds.). (1977). *C.G. Jung Speaking: Interviews and Encounters*. Princeton University Press, p. 275).

In this presentation **Michael Monhart** will begin by exploring the three questions: Why essential? What is deep? What is it about music that reaches the deep material? He will trace a line through Jung, Freud, Kohut and more contemporary writers on the nature of music in the psychoanalytic process with particular emphasis on recent neuroscience research into music and emotion. Finally, he will offer some reflections on how to use music in a psychoanalytic setting and give some clinical examples.

PRESENTER:

Michael Monhart (M.A., S.T.M., LP) is a psychoanalyst in private practice in New York City and a faculty member at both the Jungian Psychoanalytic Association and the Blanton-Peale Institute. For decades, he has been a performing musician, primarily on saxophone, and has sought to integrate music as an expressive medium in his psychoanalytic work. He is the author of *Into the Frog Swamp: Jungian Conceptions of the Unconscious in Practice* (Published in Sauvayre, Z. P., & Braucher, D. (2020). *The unconscious: Contemporary refractions in psychoanalysis*. Routledge. <https://doi.org/10.4324/9781003047643>)

He has presented "The Path of Individuation in Shingon Buddhism" at the 2016 Congress of the International Association for Analytical Psychology and "Many Selves, Many Others" at the 2019 Congress of the IAPP. He is also a Tibetan translator and is the co-editor and translator of *Enticements* (SUNY 2018), the short stories of the Tibetan author Pema Tsenden.

Date:	Saturday 11 th November 2023
Times:	9.00am to 11.00am AEDT
Venue:	Zoom – link will be sent 3 days before the event
Full Fee:	\$180 AUD (incl. GST)
Early Bird/Student:	\$160 AUD (incl. GST) until 21 st October 2023
ANZSJA Member:	\$150.00 AUD (incl. GST)
ANZSJA Trainee:	\$100.00 AUD (incl. GST)
Cancellation:	No refund for cancellations after 28 th October 2023
PD Certificate:	2 hours (certificate issued after the event)

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