



**Australian and New Zealand Society of Jungian Analysts**

**Invitation to Mental Health Professionals**

## **Addictions, Compulsions and Obsessions**

**Saturday 9<sup>th</sup> September 2023**

**Sydney: embodied seminar and workshop**

**9.30am – 3.30pm AEST**



In this seminar and workshop Jungian Analyst **Kerrie Kirkwood** will be exploring working with addictions, compulsions and obsessions using a Jungian lens. Drawing on her comprehensive clinical experience in this field Kerrie will present her application of Jung's ideas and will offer attendees opportunities to reflect on and discuss their own clinical work.

Other writers have discussed Jung's use of the Latin phrase, 'spiritus contra spiritum' which is the idea that a spiritual intervention is required as a treatment option for the spirit when working with an alcoholic. In this seminar and workshop Kerrie's focus is the clinical application of this understanding and its consequences. Focusing on addictions in general, Kerrie will explore Jung's observations that, if they are to recover such patients need to seek a spiritual experience instead of looking for spirit in a bottle or in other substances or process addictions.

At the same time, alcoholism and other addictions can be seen as a perversion of the spiritual quest, indicating underlying pathology which needs to be worked with in order to clear the way for a healthy individuation process to occur.

In particular, the following areas will be explored and workshopped:

- 'Spiritus contra spiritum': Seeking higher spiritual experiences to counter the depraving effects of lower forms of spirit.
- The difference between addiction, compulsion and obsession.
- How one addiction can replace another.
- The quest or exploration of an altered state for meaning and purpose.
- The relationship between an addiction and a disordered self.

## **PRESENTER:**

**Kerrie Kirkwood** is an ANZSJA trained Jungian Analyst and Training Analyst. She is an experienced clinician working in private practice. She was employed with the Department of Corrective Services for 17 years, gaining extensive experience in working in the areas of addictions, personality disorders, dual diagnosis, and grief and loss. Building on this background she has developed an understanding of how repetitive patterns can, through therapy, form the basis of an individuation process.

Kerrie works in private practice in Sydney and has presented numerous seminars that are included in her book 'Individuation and its Contemporary Clinical Applications: Working with People with Narcissistic Personality Structure, Gender Identity and Sexual Orientation Issues, and Addictions, Compulsions and Obsessions,' to be published in 2023.

<b>Date:</b>	Saturday 9 <sup>th</sup> September 2023
<b>Times:</b>	9.30am to 3.30pm AEST
<b>Venue:</b>	The University of Sydney
<b>Full Fee:</b>	\$280 AUD (incl. GST)
<b>Early Bird/Student:</b>	\$260 AUD (incl. GST) until 19 <sup>th</sup> August 2023
<b>ANZSJA Member:</b>	\$250.00 AUD (incl. GST)
<b>Cancellation:</b>	No refund for cancellations after 26 <sup>th</sup> August 2023
<b>PD Certificate:</b>	5 hours (certificate issued after the event)

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**LIMITED TO 16 Participants**

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	ABN: 22887 780 018
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