



Australian and New Zealand Society of Jungian Analysts

Invitation to Mental Health Professionals

Working with Shadow

Saturday 10th June 2023

Zoom

9.00am – 11.00am AEST



Everyone carries a shadow, and the less it is embodied in the individual's conscious life, the blacker and denser it is. At all counts, it forms an unconscious snag, thwarting our most well-meant intentions. Jung CW11. Para. 131

In this seminar **Dr. Beth Foley** will explore the Jungian concept of The Shadow. Shadow material is outside conscious awareness and presents in therapeutic work the task of becoming aware and working with unconscious communications in the psychological sphere, engaging those "snags." In this seminar participants and the presenter will consider the everyday autonomous and involuntary emergence of our shadow, how this is experienced

and how this might be worked therapeutically in an ongoing way. In the 2022 seminar Beth explored 'The Analyst's Shadow.'" This seminar will be focus on the individual and the shadow aspects of self that come to us for therapy.

PRESENTER:

Dr Beth Foley completed her analytic training with the C.G. Jung Institute of ANZSJA. She works in private practice as a Jungian Analyst in Coffs Harbour. Beth has presented seminars on Jungian matters to clinicians. She is an experienced clinical psychologist having practised for over 20 years. Her PhD researched the therapeutic effectiveness of mindfulness-based therapies in psychiatric and oncology settings and resulted in a number of academic papers. She has provided training and lecturing on acceptance-based therapies, existential issues and psychodynamic therapy for many years.

Date:	Saturday 10th June 2023
Times:	9.00am to 11.00am AEST
Venue:	Zoom – link will be sent 3 days before the event
Full Fee:	\$180 AUD (incl. GST)
Early Bird/Student:	\$160 AUD (incl. GST) until 20 th May 2023
ANZSJA Member:	\$150.00 AUD (incl. GST)
ANZSJA Trainee:	\$100.00 AUD (incl. GST)
Cancellation:	No refund for cancellations after 27 th May 2023
PD Certificate:	2 hours (certificate issued after the event)

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Click Link: www.trybooking.com/CFXHT

For further seminar information contact events@anzsja.org.au

For more information about the ANZSJA professional development program: <https://anzsja.org.au/wp/future/>

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Enrolment in seminars is at ANZSJA's discretion

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