



Australian and New Zealand Society of Jungian Analysts

*Invitation to Mental Health Professionals*

*Individuation in Clinical Practice:  
Jungian perspectives on inner processes of Becoming.*

24 July 2021

Zoom

9.00am – 1.00pm AEST

Numbers limited



Contemporary attitudes in mental health care often privilege short-term, cognitive, solution-focused treatments for psychological and emotional pain. In contrast, psychotherapeutic work at depth responds to individuals in their unique circumstances and encourages them to develop a sense of agency in their own healing. Jung's concept of individuation, conceptualised as a life-long inner process of becoming, presupposes the singularity and uniqueness of every human being's drive towards their fullest possible self-realization as the goal of psychological development. In this seminar, ANZSJA analysts **Katina Ellis** and **Kerrie Kirkwood** will share their perspectives on how the individuation process presents in the consulting room.

**Katina Ellis: *Dis-ease, Diagnosis, and the Task of Development.***

Individuation, as a goal of psychological development, cannot be taught as a technique or formulation. Indeed, sometimes our formulations and theoretical classifications stand in the way of the work of individuation. In her presentation, Katina will explore terms like perversion, for example, from different points of view both historically and currently. She will be thinking about the tension between classifications and the quest for truth and growth that we might call individuation.

