



Australian and New Zealand Society of Jungian Analysts

Invitation to Mental Health Professionals

*Individuation in Clinical Practice:
Jungian perspectives on inner processes of Becoming.*

29 May 2021

Zoom

9.00am – 1.00pm AEST

Numbers limited



Contemporary attitudes in mental health care often privilege short-term, cognitive, solution-focused treatments for psychological and emotional pain. In contrast, psychotherapeutic work at depth responds to individuals in their unique circumstances and encourages them to develop a sense of agency in their own healing. Jung's concept of individuation, conceptualised as a life-long inner process of becoming, presupposes the singularity and uniqueness of every human being's drive towards their fullest possible self-realization as the goal of psychological development. In this seminar, ANZSJA analysts **Katina Ellis** and **Kerrie Kirkwood** will share their perspectives on how the individuation process presents in the consulting room.

Katina Ellis: *Dis-ease, Diagnosis, and the Task of Development.*

Individuation, as a goal of psychological development, cannot be taught as a technique or formulation. Indeed, sometimes our formulations and theoretical classifications stand in the way of the work of individuation. In her presentation, Katina will explore terms like perversion, for example, from different points of view both historically and currently. She will be thinking about the tension between classifications and the quest for truth and growth that we might call individuation.

Kerrie Kirkwood: Individuation: The Development of the Authentic Personality

Kerrie will use Jung’s observation that “It is not I who create myself, rather I happen to myself” as a point of departure to describe how an aspect of the theory of individuation can be used therapeutically. She will draw on Jungian and post-Jungian theories as well as her own clinical material to illustrate the difference between an individual who *appears* to be working through the process of individuation, and someone who has engaged with the unconscious, and as a result is living authentically through the unfolding of their unique ‘happening’. Kerrie will also speak about the foundational psychological structures that need to be in place for both patient and therapist to make it possible to work at this level.

PRESENTERS:

Katina Ellis (Canberra) is an ANZSJA Analyst who has an LGBTQI welcoming private practice where she works with adolescents, couples, and individuals. Katina has specialised in trauma, working with survivors of Childhood Sexual Abuse and Victims of Crime. As a contemporary Jungian Analyst and analytical psychotherapist, she is interested in how our clinical theories hold up in a modern world.

Kerrie Kirkwood (Sydney) is an ANZSJA Analyst who has been in private practice since 1999. Previously she was employed with the Department of Corrective Services for 17 years, gaining extensive experience in working in the areas of addictions, personality disorders, dual diagnosis, and grief and loss. Building on this body of experience she has developed an understanding of how repetitive patterns can, through psychoanalytic psychotherapy, form the basis of an individuation process.

Date: Saturday 29 May 2021
Time: 9.00am – 1.00pm AEST
Venue: Zoom
Full Fee: \$180.00 AUD (incl. GST)
Early Bird / Student: \$160.00 AUD (incl. GST) until 8 May 2021
Cancellation: No refund for cancellation after 15 May 2021
PD Certificate: 4 hours (certificate issued after the event)
BOOK NOW CLICK <https://www.trybooking.com/BNPEW>

For further seminar information and bookings, and for details about the group program:
<https://anzsja.org/wp/future/>

Enquiries and to be placed on the ANZSJA mailing list, please contact: admin@anzsja.org.au

Enrolment is at ANZSJA’s discretion.

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