



Australian and New Zealand Society of Jungian Analysts

*Invitation to clinicians and trainees*

**PROFESSIONAL DEVELOPMENT SEMINAR**

## ***Sandplay and Psyche: Jungian Sandplay in Psychotherapy***

30 November 2019

Governors Bay (near Christchurch) New Zealand



*A series of sandplay images portrayed in the sandtray create an ongoing dialogue between conscious and unconscious aspects of the client's psyche, which activates a healing process, and the development of the personality (International Society of Sandplay Therapy).*

### ***Sandplay and Psyche: Jungian Sandplay in Psychotherapy***

Sandplay therapy activates preverbal and somatic registers. Using experiential sand activities and clinical material, Sarah Gibson (Sydney) and Joy Norton (Melbourne) will introduce participants to Jungian sandplay. They explore the role of the sand in sandplay and the place of sandplay within longer term psychoanalytic psychotherapy.

Sarah and Joy will each show examples of their approach to working with symbols as they appear in the sandplay images of their clients. They will give some attention to the reverie process of the therapist while a client works in the sand. The seminar will focus on the ways in which sandplay assists clinicians working with trauma and the preverbal and pre-symbolic with adult clients. There will be an opportunity for participants to experience working with the sand.

This seminar will be of interest to clinicians unfamiliar with Jungian sandplay. For those already working clinically with sandplay the seminar aims to expand their awareness of the symbolic language of sandplay and deepen their knowledge of sandplay in Jungian depth psychotherapy.

# **Sandplay and Psyche: Jungian Sandplay in Psychotherapy**

## **PRESENTERS:**

**Sarah Gibson** works as a Jungian Analyst (ANZSJA) and Sandplay Therapist (ISST) in private practice in Sydney. She has been working as a psychotherapist with adults for over 25 years, completing her Jungian analytic training with ANZSJA in 2003. As a Training Analyst Sarah teaches and supervises analytic trainees. Since the 1990s Sarah has facilitated many sandplay professional development workshops for clinicians and in 2013 she became a member of ISST and a teaching member in 2017. Sarah is also an artist and filmmaker and has a particular interest in sandplay, story and creativity. <https://sarahcgibson.wordpress.com>

**Joy Norton** is a Jungian Analyst, Training Analyst and Counselling Psychologist in private practice in Melbourne. She is the immediate past Co Director of Training with The Australian and New Zealand Society of Jungian Analysts. Joy Norton has an interest in the experience of the body in the analytic encounter, co-creative processes in analytic practice, and the ways image, story and psyche commune in sandplay to facilitate the unfolding and development of imagination and psychological healing.

Date: Saturday 30 November 2019 Seminar  
Time: 9.00am to 3.45pm  
Venue: Governors Bay, New Zealand  
Cost: \$260 (incl. GST)  
\$240 (incl. GST) Early bird/student if booked before 9 November 2019  
No refund for cancellation after 23 November 2019  
PD certificate: 6 hours PD credit, applicable for ISST seminar hours.

**BOOK SEMINAR NOW:** <https://www.trybooking.co.nz/VO>

**NB: Saturday 3.45pm-4.30pm:**

**There will be an opportunity post the seminar for an information session regarding the next iteration of ANZSJA CGJI Analytic Training.**

*For further details, or to be placed on the ANZSJA mailing list, please contact [joynorton@mountainpsych.com.au](mailto:joynorton@mountainpsych.com.au) or leave a message on +61 3 9751 1941 (Enrolment is at ANZSJA's discretion)*

## **Jungian Sandplay Supervision Group:**

On Sunday 1 December, 9.00am-12.30pm, Joy and Sarah will provide a small sandplay supervision group. The group is open to therapists who are already using sandplay in their clinical work. You can register your interest in attending this group and book by contacting:

Joy Norton +61 3 9751 1941 [joynorton@mountainpsych.com.au](mailto:joynorton@mountainpsych.com.au)

Additional cost would be \$125 (\$115 early bird).