



Australian and New Zealand Society of Jungian Analysts

Invitation to Clinicians and Trainees

Jungian Approaches to Working with Narcissistic and Borderline States of Mind

PROFESSIONAL DEVELOPMENT SEMINAR

10 August 2019
Sydney
9.00am – 3.45pm



From *Re-enchantment* (2017), by Sarah Gibson

ANZSJA analysts, Rae Chittock (Canberra), Fiona Kalmar (Canberra) and Kerrie Kirkwood (Sydney), offer an opportunity to explore primitive states of mind and their corresponding defences through an in-depth look at the myth of Narcissus and clinical work with narcissistic and borderline states.

Rae Chittock

The Myth of Narcissus: what meaning can images from an ancient myth offer our clinical work?

Within psychoanalysis, narcissism is considered to function as part of ordinary and necessary human development and is also connected to extreme defences against trauma and deprivation and to disordered personality. Rae Chittock offers participants an opportunity to immerse themselves in a recent version of the myth in order to examine its acuity and usefulness in contemporary psychotherapy and analysis.

Fiona Kalmar

Shadows that Pass Across Countertransferential Bones: A clinical perspective on working with people with Borderline Personality Disorder

'The past is never dead. It's not even past' (Faulkner)

Lives are often lived from the centre of a wound that remains fresh, perhaps particularly so for a person with borderline personality disorder (BPD). For the clinician, working with people with BPD can be psychologically absorbing and saturating. Using clinical vignettes Fiona Kalmar's paper aims to describe momentarily catching the shadows that may pass across a clinician's countertransferential bones in considering starvation, strangulation, and suspicion in the analytic relationship.

Kerrie Kirkwood

Challenges and Constraints When Working Clinically with the Narcissistic Personality Structure

Drawing on Jungian, post-Jungian and psychoanalytic theories, Kerrie Kirkwood will be presenting reflections from her clinical work in order to illustrate and explain the challenges and constraints occurring when working with the repetitive and entrenched traits that are consistent with a narcissistic personality structure. She will explore whether the narcissistically damaged patient can ever change or whether therapy simply reinforces narcissistic defences.

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PRESENTERS:

Rae Chittock Phd, is a graduate of the first cohort of ANZSJA's CGJ Institute's *Songlines and Haereinga* model of analytic Training. She is interested in cultural history and its transmission in words and images as different forms of language. She is drawn to the way individual and collective meanings shape as well as liberate and explain each other. Rae has a private practice in Canberra.

Fiona Kalmar is a Clinical Psychologist, Jungian Analyst and has been trained in the Conversational model. Working in the ACT Fiona has provided psychological services to several Federal Government departments and Lectured in psychology at university. Previously, Fiona was employed as an electronic engineer and she also worked in international marketing. Fiona specializes in working with people with personality disorders and she has published both nationally and internationally.

Kerrie Kirkwood is a Jungian Analyst and has been in private practice in Sydney since 1999. Previously she was employed with the Department of Corrective Services for 17 years, gaining extensive experience in working in the area of addictions, personality disorders, dual diagnosis, and grief and loss. Her particular interest is in understanding how repetitive patterns can be used to facilitate the process of individuation.

Date: Saturday 10 August 2019
Times: 9.00 am to 3.45pm
Venue: Crows Nest Centre, 2 Ernest Place, Crows Nest, Sydney
Full Fee: \$250 AUD (incl. GST)
Early Bird / Student: \$230 AUD (incl. GST) until 20 July 2019
Cancellation: No refund for cancellation after 3 August 2019
PD certificate: 6 hours (certificate issued at event)
NOW Click link: <https://www.trybooking.com/ZYLK>

NB: 3.45pm - 4.30pm:

There will be an opportunity post the seminar for an information session regarding the next iteration of ANZSJA CGJI Analytic Training.

For bookings, further details, or to be placed on the ANZSJA mailing list, please contact:
joynorton@mountainpsych.com.au or leave a message: +61 3 9751 1941
(Enrolment in Training is at ANZSJA's discretion).

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