



Australian and New Zealand Society of Jungian Analysts

Invitation to Clinicians and Trainees

PROFESSIONAL DEVELOPMENT SEMINAR

Spirituality and Mysticism in a Contemporary Jungian Psychoanalytic Context

6 April 2019

Sydney

9.00am – 3.45pm



Sydney based ANZSJA analysts, **Judith Pickering** and **Les Stein** will consider the moments that come upon us where we are taken from our day-to-day experience and feel a sense of wholeness, peace, connection and hope. They will explore the origin of these moments. Are they the breakthrough of a divine force, a result of a particular stage in analysis, or the existence of a better relationship with the unconscious? What is the most helpful analytic attitude in the presence of this experience? Jung suggested that the approach to what he called the “numinous” is the real therapy. How is this to be understood? Bion suggested that a patient should become the “O,” the mystery of being? How can one “be” the mystery?

